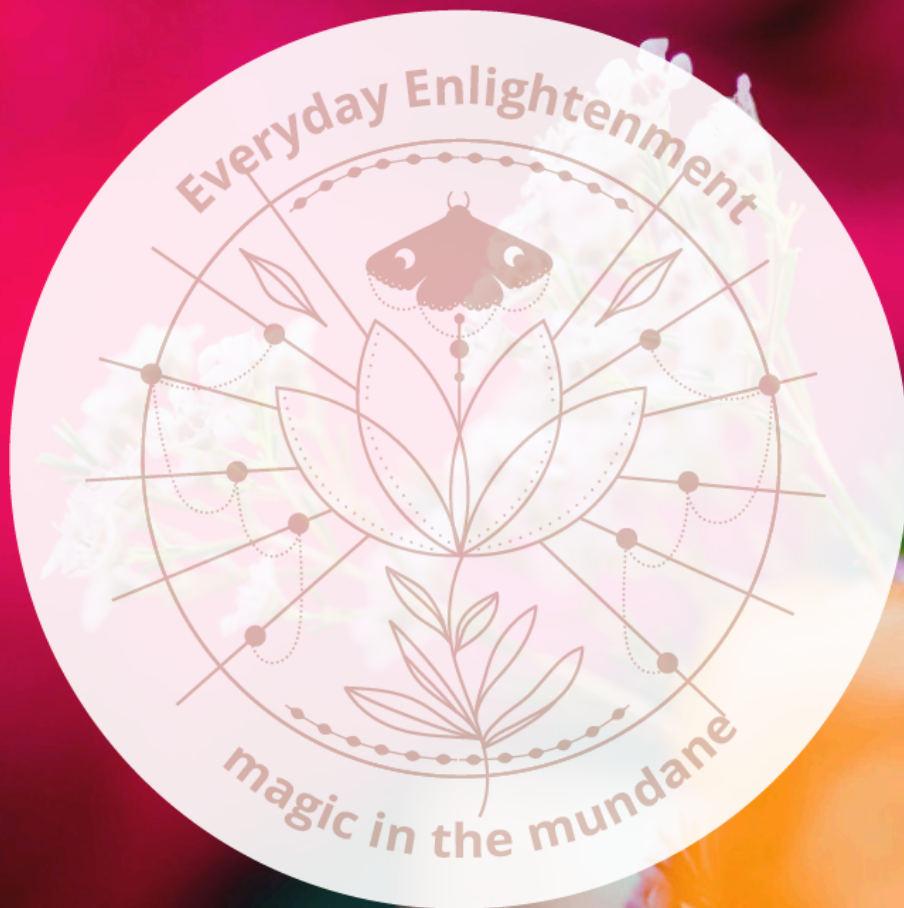


SEPTEMBER

workbook 2022



The final quarter of 2022 is upon us, seriously, time is so weird and warped right now! It's flying and we are quantum hopping! The last 4 months of this year require us to be super present and organised and don't buy into the over productivity and hustle to see your year out! Do what feels aligned for YOU!

If it's been a huge year and you are wanting space to reset, rest and prepare for 2023, do that!

If this is your more full time of year be sure to find balance and stillness within it all, don't take on extra anything, watch getting overwhelmed!

You DON'T NEED to be productive to the very last minute of 2022 to prove your worth. You are of value no matter what!

September in EE is always a time of recalibration and reset and this year I have invited you to make some daily changes, to review what's not working, clear it out or even just add something to your days that is going to benefit you in the long-run. Nothing changes if nothing changes right?

We shared about this on the August LIVE call too, so I would encourage you to watch that if you haven't.

September is a time to balance, re-balance, a time of rejuvenation, coming out of hibernation, growth and renewal. To integrate, to get clear, to clean out, to purge, to find order and in divine synchronicity Mercury is retrograde most of the month, so asking us to SLOW down, review and reassess! Perfect really huh!

Lets focus on **presence** in the everyday and in our everyday rituals and routines. Where are we focusing our energies? Can we refine?

Refine means to purify, hello Virgo szn!



- What in your life needs purifying?
- What needs to be stripped back to become clear, more pure, focussed?
Another word for refine is to process.
- Are you actually processing the year so far?
- Processing or distracting?
A part of processing is slowing down and integrating.
- Are you feeling clear or confused?
- Are you in alignment or are you way out of alignment?

To check if you are in alignment, just look around at how your external environment, choices, situations, decisions etc are playing out.
Are things really hard? Is something always going “wrong”?

These indicate being in and out of alignment!

Your external is a pure reflection of your energetic internal.

September always feels like a bit of an end, the dying off of Winter and the emergence of what we discovered over the last quarter. The butterfly starting to emerge.

Virgo season is the PERFECT season to purify, create new habits and routines, to be efficient and productive! It’s a great time to look at your inner perfectionist, inner critic/judge and how the theme of control and expectations play into our lives.

Check out your Virgo house and see how these questions below play out in your life based on the house Virgo rules.

You can also look to where your natal Mercury is, the ruler of Virgo, for another layer!

So let’s ponder some of these themes;

- What does control mean to you?
- Do you need to be in control all the time?



- How does it feel to be out of control?
- Do you control those around you?
- Do you have a harsh inner critic?
- Are you a nit-picker?
- Do you have high expectations on yourself?
- Do you have high expectations on others?
- Do you have the attitude that “you need to do it yourself” as no one can do it to your standard?
- What are your standards?

The control and micromanaging I’m focusing on here because as a woman I feel sometimes we can really struggle with this theme. The “I’m ok” but seething inside. Right??

The house can show where this may show up in our lives.

Also, the house Virgo rules shows where routine is easy for us, where we feel devoted and committed to service and ritual. It shows what our craft is, where we analyse and inquire. What we worry about, think about and scrutinise. What we want to purify and even can show health stuff.

Virgo is- ROUTINE! RITUAL!!

Virgo is all in the daily stuff, that’s why the main theme for this month is checking in with yourself and seeing where in your daily life changes are happening.

So dive deep and deliberately into your Virgo house and be sure to jump in the group and share your findings!

Your future is hidden in your routine.

The way you do one thing is the way you do everything!



This month is a HEAVY relationship month too, I will share more of this in the teaching video.

Whilst I want to keep this month simple and not overload you too much, I have also included some Lilith notes below and will touch a little on Lilith in the teaching video. I have already shared the LILITH MASTERCLASS in the fb group, where I explain lots on her archetype, plus of course her journey through Cancer, the Mother. So definitely check that masterclass out if it calls!

Take September at your own pace darlings.

If you only want to watch the September teaching video to tune into this month astrologically, that's more than enough. If you want more, the Lilith stuff is here. Plus if you are still yet to watch the August teaching video that one is well worth watching!!

Astro movements

5th - Venus in Virgo (Fall)

10th - Mercury retrograde 8 degrees Libra

10th - Full Moon in Pisces 17 degrees

23rd - Sun into Libra/Equinox

26th - New Moon in Libra 2 degrees

29th - Venus in Libra (Domicile)

Spring Equinox 23rd

The return of the light.

A new turn of the wheel.

A time to emerge, to rebirth.

When the day and night become equal once more, we are at a turning point.

We are letting more light in!

Illumination!!



Spring Equinox signifies the Sun moving into Libra, this is a Cardinal Air sign, a time of action, initiation, relationships, cooperation, sharing self, ideas and love.

We come out of the winter hibernation, defrag and begin to bloom again!

Defrag and defrost!

It's time to get some momentum again!

The energy is fertile, rich and rewarding, it's a time to spring clean, the mind, body and soul and literally too. Get into those cupboards, clear out old clothes cluttering your energy. Clean windows so you can see more clearly. Tidy your energetic fields.

Unfollow. Unfriend.

Unsubscribe from shit that no longer aligns!

The Equinox invitation is always to be on the Earth.

To hold your own sacred space, ceremony and magic.

Make a crystal grid, or nature grid. Have a cacao ceremony, and drop into your heart.

Be in the sunlight, maybe go for an ocean swim! Honour yourself. Honour the elements. Light a candle. Be still. Listen and see where you need more balance and refinement in your world right now.

Be sure to carve out time to do your quarterly oracle spread too.

It's time to set up your last cycle of the year and be sure to reflect back on your Winter solstice spread and share in reflection all that transpired!

BLACK MOON LILITH!



There is 4 Liliths we can see in our charts
(I will show how to get them all on your chart in the September teaching video)

Black Moon Lilith-Mean- the average travel/movement- her landing
Black Moon Lilith-True Oscillating- More reflective of her true erratic nature
Asteroid lilith- The only physical body
Dark Moon Lilith (Waldermath)- Body of dust/dust cloud

Lilith keywords

Free/Powerful/Sexual autonomy/Instincts/Repressed rage/ Unbound/ Sexuality/Wild/
Rebellion/unfettered/Sinful/Temptress/Outcast/Outsider/Untamed/Dangerous

The repressed Lilith will feel shame, will experience deep loss, emptiness, confusion, self doubt, addiction, seething anger, isolation, powerlessness, resentment, fertility problems.

A healthy Lilith defines herself, trusts, listens and acts from her own instinctual nature, is connected to nature. She's fiercely independent and will not submit or compromise.

Lilith, like all chart placements, is to be experienced and explored by their owner, you! So working with the archetype and using simple house key words and sign Archetypes will help you get a sense of where and how Lilith may show up for you in your life. Even just understanding her story and essence you will get a sense of how she is alive, or not, for you in your own life. Once you start to journey with Lilith, reclaim and unlock her power, life shifts!

Enjoy this month's unravelling darlings, there is LOTS of juice and content to work with!

Take it slow, at your own pace.

Use September as an EXHALE before we move into Eclipse season in October!

Yep, I can feel it coming already, BUT.... I'm going to just stay very present and deliberate, day by day, for this month.

Drinking it all in! Slow and steady wins the race.

Big love darlings!
Tiarnie X



TRACKING SUN

ASPECTS THE SUN MAKES



TRACKING MOON

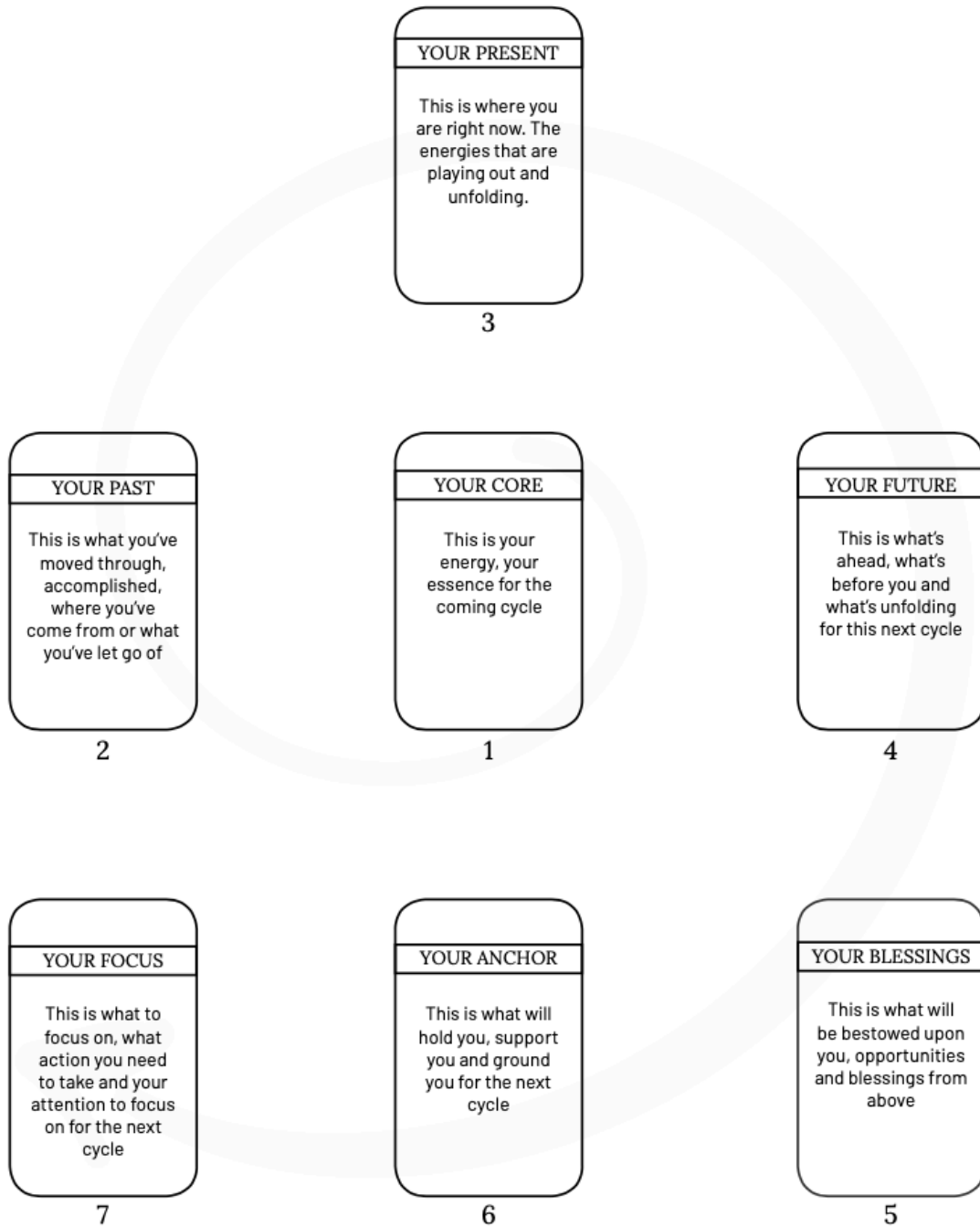
HOUSE & ASPECTS THE MOON MAKES



Season of the Sun & what house is the Sun
illuminating for me in my chart?



Spring Equinox Reading





Tiarnie