

# JUNE

workbook 2022





## ASTRO NOTES

Gemini season is here & perfect for learning! Check your Gemini house and what themes will be activated for you in this season of the Sun. With the Solar Alchemy of AIR (Gemini) and his big mate Apollo - Jupiter, being in Fire (Aries) there is this dynamic undertone to the whole month too. I feel like we can get our routines back if we've lost them, we may feel like taking action and things just get some momentum. And whilst yes there is this paradox as we descend into Winter, which will be felt on solstice when the Sun moves into Cancer, yet there is also a strong energy of DOING and we don't want this yummy fiery energy to pass us by. Thank you Mars and Jupiter in Aries! I'm feeling more energised and activated than I have in SO LONG! I am back at the gym and have really flicked a switch and found my mojo again!

We are also about to begin our annual mid-year retrograde season, with Saturn already retrograde and Neptune stationing retrograde later this month. I LOVE retrograde season, it's so perfect for us downunder too as it starts in winter and invites us to retreat, rejuvenate, rework, remember, retrospect, revisit, reconnect - all the RE words.

Working with the natural cycles and rhythms of the Earth and cosmic skies really is key!

THIS is where the Magic is!! Understanding the star codes and cycles, seeing how they activate YOUR chart and working with them!

The Earth does not fight or resist, she doesn't force, or push, she allows, she surrenders, she does what is required. She allows. She knows.

I encourage us all to use June as not only a reset, pause and integrative month but another opportunity to steep deeply into our own nature.



## JUNE SKY WATCH

3rd - Mercury direct

5th - Saturn retrograde 25 degrees Aquarius

11th/12th - Venus conjunct Uranus

14th - Full Moon in Sagittarius 23 degrees

14th - Mercury back into Gemini

14th to 16th - Mars conjunct Chiron 15 degrees Aries

15th - Venus conjunct North Node

21st - Solstice/Sun in Cancer

23rd - Venus into Gemini

28th - Neptune Retrograde 25 degrees Pisces

29th - New Moon 7 degrees Cancer

Of course I have lots to share in the video and will go through these yummy astro themes, what to look out for, some special dates and all the usual things! I will keep it a short video to not add to your pile of videos to watch this month but I have many spoken words to share this month!

## WINTER SOLSTICE

Winter starts on the Solstice, 21st June, it signifies hibernation, contemplation and meditation. Solstice means - Sun Stopping, where we reach a moment of the year that is truly symbolic, a reference point for resetting and realigning. The longest night and shortest day arrive showing us the significance of the Earth's movements; be still, go into your own soul's womb and immerse yourself in this new season.

Trust your own inner season too, maybe winter feels quite rejuvenating for you, you may feel ready and inspired to start new projects, start a new exercise routine or you may have more energy. YOUR winter season is important. Trust it!

Be sure to check in with your own personal seasons and what 3 house themes you are about to move into for your personal Winter season.

From Solstice, 00 degree Cancer to Equinox, 00 degree Libra.

I for one absolutely love winter, I feel dynamic and creative and am usually pretty productive as my winter season includes my career house.



I'm asking you to embrace this next season, use it to reset, reflect and refine your journey.

Connect to Pachamama on the 21st. Give thanks for the light. Sit with the dark. Be with family.

I always have reverence for the change of season and these epic reference points the Earth gifts us!

Remember to do your quarterly spread, and reflect on what's unfolded over the past 3 months, your Autumn season. It's so amazing to look back at how your autumn read unfolded and then prepare yourself for your next cycle.

Feel free to share your readings in the group and let us know any insights too.

MID-WAY CHECK IN if you feel called.

I totally believe in regular check ins with yourself, this may require the help of a therapist, or checking in with us here in the group, but it does always require honesty. Checking in with ourselves is one of the keys to forward movement and growth.

We cannot grow if we stay in the same spot.

We cannot grow if we keep making excuses for our own behaviour.

We cannot grow if we surround ourselves with people who echo chamber us, and just reinforce our habits.

We must get uncomfortable, push our own edges, break habits to stop repeating habits

What does your life feel like, look like right now?

What's changed for you so far this year?

What goals have come to fruition?

What goals need adjusting or to be released all together?

What are you resisting?

Where have you surrendered?

How are you truly feeling?

Are you in fight or flight?

Are you just running on automatic pilot?



It may be time to write up how you want to feel for the rest of the year.  
How you want to be. How you want to show up.

What you want to work on. Who you want to work with.

Mid-year is a perfect time to reassess your goals and directions.

Enjoy a beautiful month darlings!

Tiarnie X



# TRACKING SUN

ASPECTS THE SUN MAKES



# TRACKING MOON

HOUSE & ASPECTS THE MOON MAKES





Season of the Sun & what house is the Sun  
illuminating for me in my chart?



**YOUR PRESENT**

This is where you are right now. The energies that are playing out and unfolding.

3

**YOUR PAST**

This is what you've moved through, accomplished, where you've come from or what you've let go of

2

**YOUR CORE**

This is your energy, your essence for the coming cycle

1

**YOUR FUTURE**

This is what's ahead, what's before you and what's unfolding for this next cycle

4

**YOUR FOCUS**

This is what to focus on, what action you need to take and your attention to focus on for the next cycle

7

**YOUR ANCHOR**

This is what will hold you, support you and ground you for the next cycle

6

**YOUR BLESSINGS**

This is what will be bestowed upon you, opportunities and blessings from above

5















Tiarnie