

APRIL

workbook 2022



Welcome to April ladies!

Every year so far in Everyday Enlightenment, April is the month we unpack and explore Chiron, our wound, and it makes sense as Aries (MARS) is also a fellow warrior archetype! This year is SO FRIGGEN ALIGNED to work with Chiron though as the Sun, Mercury AND Chiron come into an exact alignment on April 2nd! Plus the New Moon in Aries is hitting Chiron too.. Gahhhh.. I love this so much!!!!

This is setting the scene for the new month ahead!

You ready lovers?

April is a watery month, not much of an Aries season this year. The archetype of Aries is the warrior, the pioneer, the go-getter, and if you aren't feeling these things this Aries season, that's OK... Remember too we are at the beginning of a new cycle, a new astrological year, the wheels are in motion, we are just beginning. Aries is the 1st sign of the Zodiac and wants everything NOW, yet this year we are being taught much deeper lessons than the instant gratification. Patience, surrender, trust seem more prevalent than this NOW culture, this hustle culture, and with so much water in the skies this Aries season, well, the sky doesn't lie.

SURRENDER!

And the bloody GODDESS CARD I pulled for our April theme card is BANGING!! Another card I have NEVER seen in this deck before... MIND - BLOWN!

Some key April dates

1st - New Moon in Aries - *11 degrees*

6th - Venus enters Pisces

11th - Mercury enters Taurus

15th - Mars enters Pisces

17th - Full Moon in Libra - *26 degrees*

20th - Sun enters Taurus

30th - Pluto Retrograde

30th - Mercury enters Gemini

8th-17th - Jupiter/Neptune conjunction in Pisces - *23/24 degrees*

(you all have access to my masterclass on this for FREE in the astrology lounge, make sure you are in there for the year)



April is a 1 month numerologically. The beginning of a new cycle, new energy frequency, plant seeds, begin again. And boy, I'm feeling this!! I'm writing this on the last day of March and only just feel like my year is beginning NOW and I have turned an ENORMOUS corner! Phew...

With all planets still direct too this month, April feels like the perfect month to initiate something, channel, transcend, exhale, plant some new seeds for the year ahead, of course I mean, the astrological year! With so much water in the skies it's not so much about the push but the receive! It's a highly psychic and intuitive month.

We will be FEELING....

The sky in April is perfect for our theme this month, Chiron, the wounded healer. He to me is the KEY (take a look at his symbol shape, it's literally a key), the key to unlock our chart, to see our wounds, but to also show us our alchemy, our innate wisdoms and healing gifts. Chiron is the teacher, the shaman, the warrior!

With Chiron in Aries until 2027 what needs attention and healing is the identity, the self, and this transit sees us taking responsibility for our own healing. Aries doesn't martyr and play the victim, he pioneers, writes a new story and is his own hero. I am SO here for this!!!

Chiron in Aries says, **"NO-ONE IS YOU & THAT IS YOUR POWER"**

What can no longer be hidden is the truth. There are no rugs to push anything under anymore, I've been saying this for years to prepare people. Everything, EVERYTHING, is coming up to be acknowledged, reckoned and recognised!

Healing means a shift in perspective; change is required.

Change takes self-awareness, facing our own truths, shadows and wounds, and then with gentle acceptance beginning to unattach the stories we have around those wounds and trauma.



Healing is a choice, I repeat, healing is a choice. It's not about time, therapy, regressions or a million processes, can these things assist, absolutely yes, and are very much required in some instances, however healing can happen in a moment, especially if we have done good pre-work and are lubed up and willing to heal.

We must be willing to let go, we must be **willing** to heal.

Your willingness is paramount!

When we reach our late 30s we begin what society calls mid-life crisis, which really translates as a **cathartic celebration** (especially if you've been doing lots of honest work on yourself), and a **cathartic cremation**, yes, the death of many things! This is a time over the course of several years, usually late 30s to early 40s where there is a whole other layer, much deeper than you can expect that is to surface, that WILL and DOES surface, it is the healing of all healings.

Brene Brown says it so well...

"Mid-life is when the Universe grabs you by the shoulders and tells you, I'm not fucking around, use the gifts you were given"

How very Chiron, "**Use the gifts you were given!**"

Mid-life is really a series of astrological alignments of outer planets meeting our outer planets in our own natal birth chart. We know our first Saturn return, at between 28-30 years old, is one of the first major transits where adulthood truly peaks, we must face some truths and stand on our own two feet. If we do not face our truth, and follow societies guideposts settling for what doesn't make us truly happy and in alignment to our own truth, our second Saturn return is often much more challenging.

Anyway, back to topic, our wounds, they are our traumas, our griefs, they may have come in the form of shock, hurt, distress, even physical pain, either way, no wound is more or less than anyone else's.

We all have our own traumas, our own wounds, which stem from childhood, relationships, past experiences, our actual birth into the Earth IS our first wound, wounds can start even in the womb. Wounds also show up in our birth charts, and this is where we are diving this month!



This month we will discover, with the help of Chiron, the wounded healer, how your wound appears in your birth chart.

Added to these notes is a heap of Chiron information, used from my Module 2 astrology course, for you to read and familiarise yourself with. In this month's teaching video we will be exploring Chiron, and tuning into how his wound appears in our lives.

Find your Chiron, what sign he is in and what house he is in & have a read from the Chron Info I've shared.

Our wound is our greatest medicine.

We are here to turn our wounds into wisdom!

I'm excited to share Chiron with you as he is a game changer in understanding ourselves!

I also implore you to work with the following questions to let the wounds within have a voice.

May they be accepted, and moved through, acknowledged and expressed.

- **What does the word “wound” bring up for you?**
Write anything that wishes to flow from you to this question.
- **Can you identify your wounds?**
- **Can you truly acknowledge your wounds, see them, feel them?**
- **Are you even aware of your wounds?**
- **How do you identify with your wounds?**
- **Do you allow them to take over your life?**



- **Are they a story you cling to?**
- **Can you write down your wounds, ones that are healed, healing or still hurting?**
- **Are there stories attached to your wounds?**
Maybe explore the story and how it makes you feel each time you tell it and relive it.

We know without the story the wound ceases to exist.

- **Do your wounds keep you in a loop, recycling the wound over and over, keeping it open, active and not healing?**
- **Do you love your wounds?**
- **Can you love your wounds?**
- **Do you not want to give them up?**
- **Are you not ready to give them up?**
- **Do they define you?**

I would also love for you to write a letter to your wound, or to your inner-child or to the trauma or even the person who may have caused your wound.

This activity is done from your soul now, the older soul who understands and can hold the wound/trauma, or child gently giving support and tender love.

I encourage you to write this letter with pen and paper.
Maybe you want to draw/paint the wound. Explore it with colour, shapes and patterns.

You may also wish to write a letter to someone, but the real activity is to write a letter to yourself first. To the part inside you.

If you write a letter to a person, please BURN IT on the Libra full Moon, 17th of April.



Please honour this process with yourself as it's a very personal time of reflection which could be tender, where you feel extra sensitive, yet it can also bring deep healing. It's an invitation to lean into old wounds, even current wounds to see where they still play out in your life, where they still keep you guarded, defensive, shut down, closed off and can show you what still requires some work.

I encourage you to find some space to go within and just see what arises.

If tears need to fall, allow them.

If you need to scream, allow it.

If you need to move the wound out of the body, pop on some music and move it through.

You may scream, cry, wail, or be still and in silence.

All of it is welcome!

Honour your own process and I will be in the group for support!

I am with you, heart to heart, I am here for you!

Gently does it..

Time to liberate, lift the veil and illuminate!

Allow Chiron to lead the way!

Big love, Tiarnie X



Tiarnie

CHIRON

THE WOUNDED HEALER



He IS the KEY!



Tiarnie

MYTHOLOGY

Chiron was born a Centaur & rejected by his mother for this, she was repulsed and disgusted by him. His father is Cronus (Saturn) and he was abandoned by both of his parents. He was accidentally shot with a poisonous arrow, and because of this poison, which was blood, it became a wound that would never heal. Chiron was taught medicine, prophecy, music, healing and was loved for his knowledge, wisdom, teachings and healings.

Chiron made his own way, forged his own path! A strong Chiron in the chart shows someone who is driven to better themselves, not feeling satisfied with who they are. It shows someone who is self-healed, often taking responsibility for their own healing. They may feel abandoned by their parents. May feel the need to lead and share their wisdoms and gifts.

Chiron was discovered in 1977.

He is situated between Saturn & Uranus.

Chiron takes approximately 50 years to travel through all 12 signs.

Chiron has a unique orbit and spends the longest time in Aries & Pisces, (approx 8 years) and the shortest amount of time in Libra (not even 2 years!)

Our Chiron return is around the age of 50 years old.

Chiron in our chart shows:

- Our deepest/core wounds.
- Unrealised leadership.
- Our own healing powers.
- Our secret power, our magic.
- The key to unlock our chart.
- The key to unravel our potential which unlocks deep inner peace.



**The sign is the
HOW**

**The house is the
WHERE**



KEYWORDS

GROWTH

CATALYST

MAVERICK

GUIDE

SHAME

TRANSFORMATION

WISE

TEACHER

PROPHET

LEADERSHIP

SHAMAN

INITIATION

HEALER

BRIDGE

ALCHEMY



CHIRON in 1st HOUSE/ ARIES

THE WOUND

- Wound is their identity.
- Feels like their self is not good enough.
- Feels powerless/unlovable/imperfect.
- The wound may be visible to others, possibly a scar, or in their behavior.
- No confidence or maybe too much.
- Difficulty in connecting to the physical body/May self harm.

THE MASTERY

- Embody unique quirks.
- Learn to fully love yourself.
- It's OK to be YOU!
- Trailblazer/Pioneer.
- Could become a great mentor & teacher in loving the self.

CHIRON in 2nd HOUSE/ TAURUS

THE WOUND

- Feels they need "stuff " to be accepted, important and of value to others.
- Food issues/ wounds around food and the nourishment of food.
- Possible poverty growing up, so fear being poor.
- Fear material possessions could be lost.
- Possessions are their security.
- Not enough self belief/ lacking a solid belief system.

THE MASTERY

- Move beyond money and have deep value of self.
- A want to contribute to the world around you, giving back.
- Looking deeper about what nourishes and sustains you.



CHIRON in 3rd HOUSE/ GEMINI

THE WOUND

- Feels misunderstood.
- Feels like their ideas/opinions/voice are of no value, no one cares.
- May have been extremely quiet and shy as a child.
- Communication IS the wound.
- Possible a speech impediment/lisp.
- Overthinking/mental anxiety.

THE MASTERY

- Can become a great teacher/speaker/writer.
- Communication may end up being what they do!
- Must learn that their voice is worthy.
- Must learn mental flexibility.
- Must have courage to speak their truth from their heart.
- Honesty is the key.

CHIRON in 4th HOUSE/ CANCER

THE WOUND

- Painful childhood.
- Deep soul wound.
- Mother wound/wounded Mother/feels Mother's wounds.
- Never feels "at home", not "belonging".
- Abandonment issues.
- Feels like the black sheep of the family.

THE MASTERY

- Can become a deep soul nurturer.
- A great emotional support person.
- Often becomes a great Family Counsellor or Psychotherapist.
- Becomes a very empathetic soul.
- Is like a candle in the darkness.



CHIRON in 5th HOUSE/ LEO

THE WOUND

- Can lack self-confidence.
- May feel undeserving and not special enough.
- The identity, ego and self expression is the wound.
- May sit on the sidelines and watch life go by, not participating, watching others have fun.
- May have been wounded in romance, heartbroken or betrayed.
- May have difficulty conceiving, or doubt own parenting abilities.

THE MASTERY

- Must learn to let go, lighten up, have fun, & be spontaneous.
- Can become a great drama teacher or work with children.
- An amazing encourager of other people's dreams and shining their lights.
- Must accept their uniqueness and create their own art.
- Can be highly individual artists be it musicians/dance ect.
- Creative genius

CHIRON in 6th HOUSE/ VIRGO

THE WOUND

- Obsessed with health.
- Too critical, crippling perfectionism.
- Can be too sensitive in the workplace, especially to criticism from colleagues.
- May be obsessed with doing the perfect job.
- Wound in mundane everyday activities & routine.

THE MASTERY

- Learn to accept ordinary life, find meaning in the mundane.
- Let go of control, which gives great relief
- See a counselor/ healer/ therapist to alleviate negative illusions and overactive mind.
- Can become a great healer/ health coach/ nutritionist/ homeopathy etc.
- Great career advisor.
- Great at looking after plants and animals.



CHIRON in 7th HOUSE/ LIBRA

THE WOUND

- Attracting wounds in others that you aren't acknowledging in yourself.
- True mirror placement, projection of wounds onto others or vice versa.
- Understands self through others/ feedback from others helps them to know who they are.
- May attract a wounded partner.
- Feels rejection in relationships.
- Wounded parents or unresolved trauma in relationship with parents.

THE MASTERY

- Must not isolate self, must relate, finding balance within self & others.
- Heals others relationships through own experiences.
- Magic at counselling couples.
- Healing comes through co-existing.
- Helping people, being just/ fair/ compassionate brings balance.

CHIRON in 8th HOUSE/ SCORPIO

THE WOUND

- Tapping into own hidden power/ feeling powerless or afraid of own power.
- Sexual trauma/sexual exposure at a young age.
- Perception of death/ loss/early trauma of losing someone close/ near death experience even.
- Darkness/ fears/ paranoia/ feeling like the world is against you.
- Builds walls to protect self.
- Occult interests or fears.
- Wound around other people's resources and asking for help.

THE MASTERY

- Always uncovering, seeing beneath the surface.
- Becomes a shaman/ healer, giving deep insights.
- Teaches healing/ shows others to see their wounds and heal them.
- Personal quest for evolution/ revolution, literally
- transforming entire self.
- Becomes whole by embracing both light and dark.



CHIRON in 9th HOUSE/ SAGITTARIUS

THE WOUND

- Always chasing new things, new experiences, new highs.
- Religious abuse or trauma from childhood or a spiritual teacher may have caused a wound.
- May disregard personal responsibility seeking others to heal/examine their lives for them.
- Wound in actually knowing thyself, the God self, seeking external guidance/ validation instead of own inner guidance.
- May have barriers/obstacles/struggles with higher education.

THE MASTERY

- Writing is very healing/ Publishing is an option.
- Must live by own inner morals/ own laws/own beliefs.
- Seek within, break the habit of going outside to validate self.
- Learn to trust self, be honest with soul/ heart.
- You are allowed to challenge beliefs systems, change them, reinvent them. Believe new things!
- Stop looking for the guru - IT IS YOU!

CHIRON in 10th HOUSE/ CAPRICORN

THE WOUND

- Feels unappreciated, unrecognised and even undeserving of success.
- A public wound.
- Ashamed of who they are in society/ feels an outcast.
- Misunderstood in career.
- Desires status.
- Obsessive ambition.
- Parental issues, especially with the father/ Childhood rejection.

THE MASTERY

- Great role model.
- Develop own inner authority.
- Must trust and let go of tight control.
- Look to self for the approval/ recognition and appreciation that is craved.
- Gives great guidance/ becomes a great leader.
- Become sovereign to self.



CHIRON in 11th HOUSE/ AQUARIUS

THE WOUND

- Feeling too different/not fitting into groups/feeling left out.
- Feels like they don't deserve hopes/dreams and wishes.
- May feel an alien amongst society.
- Feels the wound of trying to merge their own individuality into society.
- A trauma or wound around a dream being shattered in the past.
- Can be detached and distant avoiding close relationships.

THE MASTERY

- Healing the collective consciousness.
- Charity/humanitarian work is important to feel a part of something, like you belong and are contributing.
- Social activism.
- Merging your uniqueness into groups and being OK with you.
- Bringing people together for a greater cause.
- Your objectivity is of great value in opening to the higher consciousness and helping others to see the bigger picture.

CHIRON in 12th HOUSE/ PISCES

THE WOUND

- Unconscious/deep/hidden wound that must be brought to the surface.
- Can deny own pain and only tap into surface pain which denies true wound.
- Desire to escape the harsh and cruel reality of the world.
- If denies reality maybe become addicted to drugs/alcohol etc.
- Parents maybe had an addiction or mental illness.
- Has boundary issues creating saviour-victim patterns.

THE MASTERY

- Have humble acceptance of the human form and what can be done on the Earth.
- Can be very psychic/ a spiritual - esoteric leader.
- Dreams are very healing and revealing.
- Can also help people bring their dreams to reality and even help people interpret their dreams.
- Can create something out of this world which will be quite remarkable!



TRACKING SUN

ASPECTS THE SUN MAKES



Tiarnie

TRACKING MOON

HOUSE & ASPECTS THE MOON MAKES



Tiarnie

Season of the Sun & what house is the Sun
illuminating for me in my chart?



Handwriting practice lines consisting of 28 horizontal lines.



Handwriting practice lines consisting of 28 horizontal lines.



Handwriting practice lines consisting of 28 horizontal lines.



