

# AUGUST

workbook 2022



## August CALL DATE Monday 29th 7pm

We have a huge month ahead of darlings, it's highly Uranian with an Aquarius full moon, Uranus stationing retrograde and this triple conjunction really being the energy of this time! Kapow it's big!! PLUS it's a 5 month numerologically, and for me 5 really rules Uranus- chaos, expect the unexpected, revelations, zinging electrical energy and be ready for change! Flexibility is key this month ladies!

As we dive into Leo season we shine, yet we must remember that EVERY season is different from year to year. Astrology is cycles, and yes Leo season always promises light and sparkles however this one is pretty intense. Remember we are always reading the whole sky.

Check out the house in your natal chart that is ruled by Leo to see what themes will be playing out this month and what is lit up for you! The illumination of Leo season, where the Sun is most happy in his domicile, gives us the chance to return to our own light, whether inner or outer.

It's the season that encourages creativity, bold self-expression, independence and pulling away from the crowd, which takes supreme courage! Leo season invites inner child play and healing too. Like FUN! Channel it and have some loves!!!

Our Leo house is where we want to shine, where we want to be seen, where we want to express ourselves. I believe the Leo house is super important and an incredible season for us to bear witness to.

Leo also rules the heart. So, how is your heart? Do you have armour up in protection of it? Are you led by the heart or maybe there is a fear that arises if you were to trust it completely? The fear of failure or judgement perhaps. The fear of being rejected or letting go of control. ALL Leo themes!

Our heart is its own channel, it's the bridge between the lower three and upper three Chakras. It's its own haven and exploration of her is vital! She not only gives love but an open and healthy heart chakra also knows how to accept and receive love IN as well (hello isis trinity & Pearl month).



A healthy heart chakra is not a martyr, it's not conditional, tit for tat, I will give only if I get, no no no.. A balanced, healthy and open heart chakra doesn't keep tabs, it doesn't play victim, does not play games, it says yes AND no. It is a pool of divinity, unconditional love, acceptance, dripping with compassion. It gives love, holds love and receives love freely.

Venus moves into dramatic Leo on the 12th, the same day as the Full Moon in Aquarius, where she stays until September the 5th, so that Leo house is getting all the Leo love this Leo season! Venus in Leo DOES invite joy and play, dressing up, expressing your love loud. Maybe you have a creative project you would like to start under this energy or feel like doing some performing, acting, singing, dancing to heal the inner child and bring inner happiness. Venus in Leo wears lace knickers just because. She's extravagant, proud and wounds very easily.

This Venus in Leo transit will be a prequel of the BIG Venus retrograde in Leo in 2023!!!! So pay attention to what comes up, if she aspects any of your other planets, or hits any planets in Leo too!

Mars also moves into Gemini where he is staying until late March of 2023.. This is a HUGE transit, so enjoy Mars in Taurus until August 20th! We will dive into Mars either in September or October to cover his energy and his retrograde!

Mercury also moves into Libra on the 26th which means ALL inner planets are shifting signs, the climate will shift!

We also have a master number 22 ON the 8.8 day!! Like seriously! The 8.8 day for me is a day I merge with the great Sun, I let him into my heart, I be with nature to receive any codes and wisdoms. I just allow the Sun to heal me, beam down upon me! The Earth holds so much Magic, every single day, the 8/8 gateway has always been a divine day for me even before the hype of it all. It's a day of activation, receiving and anchoring in, to you, your own authentic message, your own mastery.

It does happen in Leo season, which is all around self expression, who you are and your divine message here. Are you shining in your own life, and if not, why? Do you feel the fire within you? Are you afraid to shine? Remember, shining doesn't have to be loud, and in everyone's faces, shining in your own life is living from your heart, in alignment with who you really are! On this day dive deep into this energy, there is something regal and royal around this portal.



Our theme for this month is deeply feminine, which is not only perfect for those of us journeying with the maiden/mother/crone ISIS trinity but for all of us as women! August is Pearl month and we actually have Pearl DAY in pearl month, seriously, you can't make this shit up!!

In May we went deep into the reclamation and archetypes and this month is a continuation of that energy, as we unpack intimacy through 2 very important planets, The Moon and Venus!

As we explore the Moon and Venus we will see that there is a sacred union and kinship between them and that love and intimacy are core facets to their energies. Our deeper dive into intimacy can help us see our own Moon/Venus blocks, growth, potential and virtues.

Intimacy means- A close and familiar connection/Rapport/Closeness/Depth/  
Vulnerability/Trust and confidentiality

The de-armouring is important to know intimacy, to experience intimacy, and to experience yourself.

How can you truly know another when you do not know yourself or don't have the courage to be intimate with yourself.

Intimacy is trust!

Being honest and truthful is a speciality.

I seen this on IG recently,  
"Where there is no truth, there is no intimacy"  
Bam!

Let's get intimate darlings!



## VENUS & THE MOON - Love & Intimacy

Venus is how we love and how we want to be loved! She is what pleases us, what we find pleasurable and enjoyable. She's how fast or slow we want to be aroused. She is our attraction, our loving expression, and can even show what we actually enjoy and find amusement from- arts, music, fashion, ect. She is what we value, what we find attractive.

She is one of the many paths to intimacy yet I also feel like the Moon is a big part of the intimacy story.

Venus is love

Moon is Intimacy

The Moon is our feelings, our unconscious, our receptivity and I feel the Moon is the most intimate planet for us to actually get to know. The Moon represents the Mother and our first love is the mother! So the Moon is such a deep well of the way we give and receive love, how deserving we feel of love and of course, if there are wounds around love/intimacy ect, this can show up in our Moon.

The Moon is our capacity to be vulnerable, she represents our private life/private self and we often only show those closest to us our deep Moony traits! She rules our waters, our heart, how we want to feel and how we tend to others. When we understand our Moon sign it really does open us up to expanding where we contract, accept where we deny and love those parts of ourselves that we may turn away from.

We love, feel and nurture from our Moon/Venus signs and that's often how we also want to be loved and nurtured.

Also just a side note, if Venus and the Moon are both in harmonious signs they will be getting along, there will be ease. But if not, there can be tension and there must be patience as this will be an area of growth for you.



Just think -

Water and Earth get along// Fire and Air get along.

They may both be in the same element too, this is also great!

So check out where your Moon and Venus are in your chart.

What signs, houses and any other planets they talk to as this taints their energy too.

Then let's dive into some juicy questions!

- What sign is your Venus in?
- What house is your Venus in?
- What sign is your Moon in?
- What house is your moon in?
- Do you have heart armour up?
- Is this heart armour protection so you don't get hurt?
- Can you recall when you put it up/what you were protecting yourself from?
- Was there a trauma in the past that shut your heart down?
- Does your heart need some healing?
- Do you feel like you can be vulnerable?
- What does intimacy mean to you?
- Are you in touch with intimacy?
- Are you intimate with yourself?
- Does intimacy and being fully open scare you? And if so why?
- Does intimacy mean sex to you?



- Can you be intimate without having sex?
- How is your sex life?
- Does sex feel like a chore?
- If single, how is your pleasure?
- Do you carve out time for pleasure?
- How in touch are you with your body?
- Do you love your body?

Of course darlings, this is a deep invitation to answer these questions. If anything comes up for you that you are not willing to uncover at this time.. That is OK... Be gentle with this work. Honour yourself first and foremost! And remember, this is a safe space to share anything around these themes. I encourage us all to support each other by watching and commenting on each other's posts when they are shared :)

I feel Leo season is the most divine place to dive into this work, PLUS we are so supported with Venus in Leo too!!!!

I'm excited to journey into the darkness of this crevice with you all!

The Moon and Venus are not lightweights, so stay open, be led by your heart, we are all riding this giant wave of life together.

I can't wait to hear all your uncoverings around your own Venus and Moon stories and signatures!!

So much Love, ME X



# TRACKING SUN

ASPECTS THE SUN MAKES





# TRACKING MOON

HOUSE & ASPECTS THE MOON MAKES



Season of the Sun & what house is the Sun  
illuminating for me in my chart?















Tiarnie